

# Cabot/Marshfield Recycling and Waste Disposal Guide

183 Saw Mill Rd.— off rte. 215. Saturdays, 8:00am – 12:00pm



## SORT ITEMS



RECYCLING MUST BE CLEAN AND DRY

### MIXED PAPER

Newspapers, catalogs, telephone books, glossy inserts, paperback books, colored & white paper, wrapping paper and junk mail. Any color or type of paper.  
**NO brown Kraft bags, boxboard, coffee cups, ice cream cartons, or metallic wrapping paper.**

### CORRUGATED CARDBOARD, BOXBOARD, & BROWN KRAFT BAGS

FLATTEN BOXES. All Cardboard and Boxboard food packaging. Remove excess tape. Staples are OK.  
**NO wax-coated cardboard, cardboard soiled with food, coffee cups, ice cream cartons, or Styrofoam.**

### TIN CANS

Labels are OK. Flattening not required. Separate from aluminum cans. Tin is magnetic.  
**\*MUST BE RINSED\***

### ALUMINUM CANS, FOIL AND FOOD TRAYS

Labels OK. Flattening not required.  
**NO snack bags, candy wrappers, coffee bags.**  
**\*MUST BE RINSED\***

### GLASS BOTTLES & JARS

\*Rinse, Remove Lids (recycle with tin) \*  
**NO porcelain, Pyrex, windows, crystal, light bulbs, lids, metal or wood.**

### BATTERIES

All types including primary and rechargeable batteries. Please bag similar types together and bag damaged batteries separately.

### PLASTIC CONTAINERS #1 – #4 & #5 Food Containers

#### REMOVE CAPS / MAX. SIZE- 2 Gallons / NO BLACK PLASTIC / \*MUST BE RINSED\*

Includes food containers, health/beauty product, and cleaner containers. #5 included *if it's a food container*.  
**NO plastic bags or films, black plastic, screw-top caps, motor oil bottles, pesticide bottles, vinyl siding, toys, CD cases, VHS tapes, Styrofoam, syringes, or medical devices.**

### ADDITIONAL ACCEPTED MATERIALS:

**FOOD SCRAPS:** All food scraps, including meat, bones, and dairy. **Remove PLU stickers. No plastics, metals, paper.**

**SCRAP METAL:** Metal appliances (stoves, washer/dryer, dishwasher), grills, water tanks, microwaves, metal roofing, pots and pans, bicycles. Any item that is mostly metal included. No fridges, freezers, A/Cs, dehumidifiers.

**ELECTRONICS:** TVs, computers (incl. mouse/keyboard/speakers), computer printers, radio/stereos, gaming systems, telephones, fax machines.

**HOUSEHOLD TRASH**— \$5.00/15 gallon bag, \$6.00/30 gallon bag. Residents can contract with private waste haulers, Find our Licensed Hauler List at [www.nekwmd.org](http://www.nekwmd.org)

**SPECIAL WASTES:** Tires (fees apply), automotive batteries, metal aerosols cans, hard cover books, fluorescent bulbs.

**HOUSEHOLD HAZARDOUS WASTE** – May through the end of September **BY APPOINTMENT ONLY** in Lyndonville, & special Saturday events (no appt necessary) throughout the District. June – September. Call for details.

**In addition to services provided at this location, district residents have access to disposal services at the Lyndonville Recycling Center, 224 Church St, Lyndonville.**

Recycling, Food Scraps, Scrap Metal, E-waste, Waste Oil, Batteries, Fluorescent Bulbs, Freon-Containing Appliances (Refrigerators, Freezers, A/C units, and Dehumidifiers), Styrofoam, Stump Dump, all free of charge, and Tire Disposal, fees apply.

IF YOU HAVE ANY QUESTIONS – CONTACT THE NORTHEAST KINGDOM WASTE MANAGEMENT DISTRICT AT (802) 626-3532 or (800) 734-4602. [www.nekwmd.org](http://www.nekwmd.org), [outreach@nekwmd.org](mailto:outreach@nekwmd.org)

Updated 1/2023



## List of Common Items **NOT ACCEPTED** for Recycling

Please dispose of the following items in the trash unless otherwise stated.  
IF YOU HAVE ANY QUESTIONS ABOUT SAFELY AND PROPERLY DISPOSING OF A  
MATERIAL— CONTACT THE NORTHEAST KINGDOM  
WASTE MANAGEMENT DISTRICT

(802) 626-3532 or (800) 734-4602. [www.nekwmd.org](http://www.nekwmd.org), e-mail [outreach@nekwmd.org](mailto:outreach@nekwmd.org)

### Unacceptable Plastics Include:

Any **black** plastic containers

Screw-top Caps

Motor oil, gas containers

Pesticide containers

Styrofoam of any kind

Planting pots and trays

Plastic furniture

Plastic Toys

Coffee Makers

Coat hangers

Vinyl Siding

Maple Tubing

CDs, DVDs, VHS, and cases

Water line pipes and plastic tubing of any size

**Hard, rigid plastic** (if it shatters, it's not accepted)

### Unacceptable Plastic Bags and Films

Any type

### Unacceptable Aluminum

Chip Bags, Snack Wrappers, Pop tart Wrappers

Aluminum Flashing (recycle with scrap metal)

Coffee Bags

### Unacceptable Tin

Recycle these with Scrap Metal

Frying Pans

Large Pieces of Metal

Nails, Screws, Fasteners

Any tin that is a non-food container

### Unacceptable Cardboard

Pringles containers

Milk and Juice Cartons of any kind

Ice cream and waxy or plastic frozen food boxes

Cardboard with metallic interior

Single-use coffee cups

Soiled Cardboard

Waxy Cardboard

### Unacceptable Paper

Fireworks (Used fireworks are trash. Unused—  
contact VT State Patrol Explosives Disposal Unit  
(802) 244-8727 for proper disposal information. )

Kraft brown paper bags (recycle with cardboard)  
White or Brown Boxboard (recycle with cardboard)

Shiny, glossy, or metallic papers

Paper plates, cups, bowls

Napkins, paper towels, tissue paper

### Unacceptable Glass

Crystal

Incandescent light bulbs

Automotive lights

Pyrex

Porcelain

### Unacceptable Food Scraps

PLU Stickers (sticks on fruits, vegetables)  
“Biodegradable” bags, cutlery, bowls, plates

Food utensils

Plates, bowls, cups

Plastic bags

Styrofoam

Keurig cups